



Support Network at Penn National

Neighbors helping neighbors live actively, safely and comfortably at home

NEWSLETTER

Volume 1 Issue 4
Spring 2009

Happy Birthday SNaP

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Bring on the ice cream and cake. SNaP turns 1 year old on May 1st and my how we've grown! The year has been one of adding new members and providing services, programs, and social events for our members. It has been about enhancing the quality of life as life-changing events or health problems arise. It has been about providing the best service (through volunteers or preferred providers) possible and exceeding the expectations of our members. Happy Birthday and we look forward to many more.

I Just Don't Think I'm Ready for SNaP Yet

A Personal Testimonial by Rosina Saitta

My age is somewhere between officially senior and eligible for Medicare, and I'm fortunate not to have any debilitating diseases (nor does my husband). What we do lack is knowledge and skills in certain areas. In light of these circumstances, am I personally ready for SNaP? You bet I am!

First of all, I'm ready for good service from reputable, vetted providers. Like you, I've had enough of the other kind with the associated frustration.

I'm also ready to save money. With SNaP preferred providers, I've gotten the job done right the first time and received excellent service at reasonable or reduced rates – sometimes even for free with the aid of SNaP volunteers. Since my computer is an often-frustrating mystery, I've especially appreciated prompt and professional computer service. Now when we have a problem, my husband and I say in unison, "Time to call Donna." (Donna Crissman, SNaP Executive Director)

"I've gotten the job done right the first time and received excellent service at reasonable or reduced rates—sometimes even for free with the aid of SNaP volunteers."

Another thing I'm ready for is having fun. Not wanting to spend my retirement like Whistler's mother, I appreciate the activities and socialization that SNaP provides, as well as opportunities for life-long learning.

As a 34-year veteran of the healthcare field, I know the truth of the recent ad that proclaims, "Life comes at you fast." Therefore, I take comfort in knowing that if I need services due to a health-related problem, SNaP will be there for me.

How do I feel about paying an annual fee to join SNaP in these tough economic times? Where else can you get so many benefits and what is, in essence, so much insurance for your money?

Not ready to get good service, save money, have fun and enjoy peace of mind, as well? Sure you are – just call 352-2612 and join SNaP.

10 Reasons Why Members Joined SNaP

1. Affordable
2. It's not just for the aging
3. Investment in our future
4. Qualified service providers
5. Repairs completed and money saved
6. Social events
7. Interesting programs
8. Can't do everything myself
9. A great service to the community
10. Children are at ease



SNaPbacks Enjoy An Afternoon of Fun

The group, who call themselves SNaPbacks, headed out one sunny February afternoon for some old-fashioned winter fun. Their destination was Liberty Mountain Resort to try their luck at snow tubing.

Many in the group had gone snow tubing last year and enjoyed it so much they invited all SNaP members along for the fun.



Some went along just to cheer the group on and to provide moral support for the first timers. The group had a blast and we have the pictures to prove it. Visit the photo gallery on our website at www.snapn.org.

Before heading back to Penn National, the group ate dinner at the Carriage House Inn in Emmitsburg. Join us next year for another afternoon of fun and food.

**SNaPbacks is open to all
Penn National singles**

New Preferred Provider Services

SNaP continually adds new Preferred Providers based on the needs of our members. The services our new providers offer include:

Massage Therapy
Financial Planning
Real Estate Services
Dog Grooming
Auto Maintenance

Renewing Your Membership

Is it time to renew your SNaP membership? Are you wondering how to renew?

It is very easy. When your membership renewal is due:

- the Executive Director will call you one month in advance,

General Membership	\$250
Single Resident Membership	\$200
Supported Membership	\$150

- you then deliver or mail your check (payable to SNaP) to 3872 Alfalfa Lane, Fayetteville, PA 17222, and
- the Executive Director will mail your renewal/tax letter for 2009-2010.

Your current membership cards are valid.

Upcoming Activities

April 29 Coffee

3 p.m. – 4 p.m. at 3872 Alfalfa Lane

New members and those wanting to learn more about SNaP are welcome to a coffee at the home of the Executive Director. Please contact Phyllis Smith at 352-3857 or Donna Crissman at 352-2612 by April 28 if you plan to attend.

May 5 1st Annual Membership Meeting

3 p.m. – 5 p.m. at the Trellis Terrace

All members are encouraged to attend this meeting. This is your opportunity to hear what SNaP has been doing during the past year and what the plans are for the future. Election of new Board members will also take place during this meeting.

SNaP wants YOU

If you would like to serve on the Board of Trustees or know a fellow member who would be able to serve well in that capacity, please contact Don Weber, 352-4840 or Marilyn Ross, 352-7276. Your participation in our organization adds to the vitality and energy so necessary to our continued success.

May 16 Guilford Township Shredding Day

9 a.m. – 1 p.m.

No driving or waiting in line to have your documents/materials shredded. SNaP volunteers will do that for you. Just place material to be shredded in large plastic bags and drop them off at 3872 Alfalfa Lane on **May 14** or call **352-2612** to arrange for pickup **no later than noon on May 14**. In addition to paper, All-Shred accepts paper clips, staples, binder clips and bound folders. No 3-ring binders, plastic binder sleeves or large metal pieces. All material is destroyed on the premises.

June Handling Difficult Behaviors

10 (part I) 3 p.m.— 6 p.m. at the Trellis Terrace

17 (part II) 3 p.m.— 5 p.m. at the Trellis Terrace

Open to all Penn National residents

A two-part educational seminar about Dementia will be presented by Comfort Keepers. The presentation includes a video produced by the North Carolina Alzheimer's Association entitled "Accepting the Challenge". A team of professional panelists in the healthcare field will lead a round table discussion and answer participant questions. **For more information or to register for this seminar, please call Julie at 352-7621 no later than June 3.**

Computer Tutor

Do you have a personal computer?

Do you wish you knew more about how to use it?

Are you perhaps even a little bit afraid of it?

If you are a SNaP member and want a little assistance in using your computer, the Computer Tutor can help.

To set up an appointment, call 352-2612.

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What Members Are Saying ...

A "Good Investment"

Donna - I don't believe Lou and I have made a better investment in recent months than the SNAP program. As you know, recently we needed some minor electrical repair work. In a short time you arranged to have an outstanding volunteer from our community solve our electrical problems. I suspect the costs would have exceeded over half of the annual SNAP premium if we had called an outside contractor. But whether a volunteer or a vetted repair contractor provides the work, we have the peace of mind knowing it will be resolved properly.

Thanks for your support. You can count on us for our annual renewal.

— Dave & Lou Peterson

About the Service

Two Great Jobs

Hi Donna!

Thank you for arranging for Jason Brooks, with Clean Machine, to detail my cars. He did a wonderful and very professional job on both vehicles, and he has a great personality. I would recommend him to anyone.

I also liked meeting Mr. Green. He checked out the doors and will be back to install three storm doors and add weather stripping on another door.

— Joyce Etzler

Hi Donna!

This is to let you know that Mr. Green came out yesterday and completed the work. He installed three storm doors, weather stripping, and adjusted two outside doors that were sticking and difficult to open. He made sure I knew how to operate the doors due to the vacuum created between the doors. I would recommend him to anyone who was looking for a handyman service. I appreciate your expeditious handling in contacting him and his prompt return call.

I am very glad I joined SNAP.

— Joyce Etzler

