



Support Network at Penn National

Neighbors helping neighbors live actively, safely, and comfortably at home.

NEWSLETTER

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SNaP: The Hottest Deal In Town

Inside this issue:

<i>SNaP: The Hottest Deal In Town</i>	1
<i>Helping to Shape the Future</i>	1
<i>PNHA Annual Picnic</i>	2
<i>New Member Information Packet</i>	2
<i>Member Benefits</i>	2
<i>A Note of Thanks</i>	3
<i>Introducing the SNaP Internet Site</i>	3
<i>Recent Events</i>	4

SNaP is a tax-exempt non-profit charitable corporation founded by a group of Penn National residents and governed by a Board of Trustees. SNaP's day-to-day operation is run by an executive director, who is a Penn National resident. SNaP is patterned after a successful program in Boston's Beacon Hill. An "Aging in Place Keeps You at Home" article about SNaP was featured in the Public Opinion "Active Living" section on March 26, 2008.

SNaP exists for the sole purpose of helping neighbors continue to enjoy the quality of their lives at home as they begin to age.

SNaP opened its doors on May 1, 2008, ready to provide members with services and access to an extensive network of

service providers, information and education.

Members are entitled to preferred provider discounts on services and discounts from local businesses, assistance with transportation and home maintenance, and much more.

SNaP fees are considerably lower than other programs throughout the country, which is one reason why membership has increased since our kick-off event in April 2008.

Annual membership fees are per household and are effective on the date joined.

Supported membership offers residents of moderate means (Adjusted Gross Income of \$30,000 or less) full participation

General Membership
\$250
Single Resident Membership
\$200
Supported Membership
\$150

at a reduced rate. Just provide a copy of your recent Form 1040 to the Executive Director for determination of eligibility.

Payment is easy and can be made in cash, by check (payable to SNaP), or through a major credit card.

For more information call Donna Crissman, Executive Director, at 352-2612, or visit us at www.snapn.org.

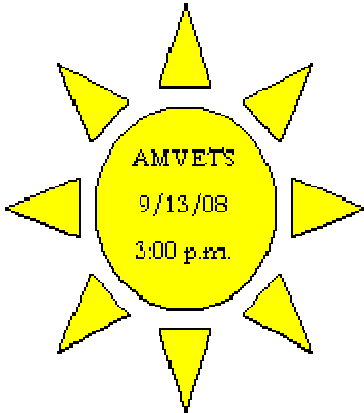
Helping to Shape the Future

Most of us joined SNaP for a blend of reasons related both to our own needs and our concern for neighbors who, either already or in the future, may need what SNaP offers more than we do. What you may not know is that SNaP is already helping to shape future approaches to serving Pennsylvania's increasing numbers of the elderly. In 2007, the Pennsylvania General Assembly passed House Bill 1367, which established a "Senior Care and Services Study Commission" charged with "Reviewing the current care and service offerings and resources available for Commonwealth residents over the age of 65 years and projecting future need(s)...through 2025.

The Pennsylvania Office on Aging asked to be represented on this Study Commission and SNaP President Al Poppen has now been appointed a commissioner by Governor Rendell. At a Commission meeting on July 14, approval was given to the outline and format of the report which will be submitted to the General Assembly in 2009. In that document, under the heading "Emerging Long-Term Living Services, Programs, and Technologies," the first item is a section called "Community-based Aging in Place Initiatives, e.g., Penn National."

We may be Pennsylvania's first, but we are not likely to be the last!

PNHA Annual Picnic



The PNHA Annual Picnic will be held as planned and promises to provide the food, fun, music and fellowship that you have been waiting for. The Antietam Dairy Ice Cream truck will be available for extra coolness.

At the request of the PNHA President, SNaP has agreed to manage the event, with Dick Kiel serving as the Picnic Committee Chairman.

The picnic will be held at the AMVETS, 750 5th Avenue, Chambersburg, on Saturday, September 13, from 3:00 p.m. until 6:00 p.m. The cost is \$4 per PNHA member and \$10 per guest.

Many people are needed to make this event a success. If you would like to volunteer for any of the committees (decorations, cooks, food, beer and wine, raffle, or clean-up),

please contact Dick Kiel at 352-4033.

Reservations: Send or drop off your reservation form and cash or check, (payable to PNHA) to Donna Crissman, 3872 Alfalfa Lane (352-2612).

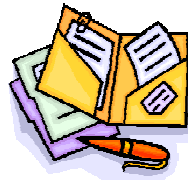
Leave your worries at home and come on out and enjoy some great food, music, and games with family and friends.

See you there.

New Member Information Packets

By now, all members should have received their welcome/tax letters along with a copy of the membership agreement and membership card(s). The membership card should be kept in your wallet and used for identification when using preferred provider services.

All members are invited to stop by the SNaP office, located at 3872 Alfalfa Lane, to pick up their information packets during the hours of 9 a.m.—10 a.m. the week of July 28 through August 1. Call the Executive Director at 352-2612 if you require assistance or need to make other arrangements.



These packets contain valuable information about SNaP, member benefits, preferred providers, frequently asked questions, and information about our Internet site.

Member Services and Benefits

SNaP Support Services

Transportation
Home Maintenance
Home Health
Information
Social Support
Lifelong Learning

Here are just a few of the SNaP benefits you can take advantage of now.

- Help and support that are only a phone call away: 352-2612
- Tax-deductible membership fee (seek advice from your tax representative)
- Access to volunteers who stand ready to help with home repairs, home safety inspections, and light housekeeping
- Transportation to medical appointments, grocery shopping, local airports, and to take care of errands

Member Services and Benefits (continued)

- Legal services such as adjustments to wills, legal documents, and real estate transactions at reduced rates
- SNaP sponsored seminars on nutrition, staying fit, and other topics of interest to our members by local professionals
- Health and wellness classes and memberships to local fitness centers at reduced rates
- Home health services at reduced rates
- Daily personal telephone check-in service
- Reduced monthly cost and waived installation fee on medical alarm systems
- Mont Alto Ambulance Association (Fire and EMS) reduced annual fee
- Up-to-date information and events on SNaP's website, www.snapn.org



A Note of Thanks . . .

Dear Donna,

This note is to say thank you to you and to SNaP. We had what is probably in comparison to others a minor problem with our gutters. Your actions supplied us with a volunteer who came to our home and was able to quickly solve our problem.

Our experience was a good beginning for the

SNaP program. Members of our community working together for everyone's benefit is what this organization is all about.

We want to be active members who can "play it forward" to help others in SNaP. It is really happening!

Our sincerest thanks,
Bob and Carole Jackson

Introducing SNaP's Internet Site

Our Executive Director and our Web Master, Roland Foster, along with the Information Committee, chaired by Julie Anliker, have been working to create an Internet site that is rich in content and up-to-date with information and activities for members and the Penn National community.

The site is loaded with features, such as *News at a Glance*, membership and volunteer information, member services and benefits, calendar of events, frequently asked questions, and the history of SNaP. Visit our Internet site at www.snapn.org to get the latest news and information about SNaP.

Your comments and suggestions about the site are always welcome.

Please e-mail comments to director@snapn.org.

Support Network at Penn National
3872 Alfalfa Lane
Fayetteville, PA 17222

Phone: 717-352-2612
email: director@snapn.org
www.snapn.org

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Recent Events

SNaP has sponsored a number of events since its beginning in May that have been well attended. Committees are planning events with you in mind for the fall.

May 17—Shredding Day

SNaP volunteers delivered a van full of materials to be shredded by All-Shred, saving members the inconvenience of driving to the shred site and waiting in line.

June 11—Lifeline Emergency Alert System Demonstration

Connie Pearl demonstrated the Philips Lifeline Alert System that dispatches assistance for medical and other emergencies 24/7.

June 20 and July 18—AARP Refresher Safe Driving Course

This highly informative 2-hr. course is a must for all volunteer drivers.

Coming in September

Components of Healthy Living: Nutrition, Exercise, and Stress Reduction

